**SOVEREIGN** **PRACTICE** **PPG**

***LET’S GET TOGETHER !***

**JOIN US HERE**

**11 & 12 June 2019 (10-12 and 2-4pm)**

**Free Refreshments, Chat, Help, Advice, Info**

**DROP IN AND MEET Friendly Faces and Helpful People**

***🍵🍵 EVERYONE IS WELCOME ☕☕***

**“***We have more in common than that which divides us” Jo Cox*

***Find out more from:***

THE DIABETES TEAM

 ONE YOU EAST SUSSEX

BOOTS CHEMIST

COMMUNITY STUFF

We at **Community Stuff** are holding a **Community** **Games Day** at Eastbourne Sports Park, near Sussex Downs College on 2nd August. There will be a chance to try lots of different sports, join in with arts and crafts and participate in an opening and closing ceremony with Trophy’s, Medals and Certificates

**What PPGs do and what Patient Participation is...**

**Patients Actively** taking **Responsibility** for their health. PPG work as a **Team** with their practice to ensure that patients are **Informed about** health matters which affect the Community. Within the PPG there is a virtual group and together we raise awareness of wider issues in the NHS including the use of technology. PPG” s can **I**nfluence the quality of care in the practice and local community. **Objectives** are to improve the patient experience in primary care in the **NHS**

### **DROP-INS:**

### **We are running Quarterly Drop-ins with the support from numerous agencies/services. The dates are as follows:**

### **September 12, 2019 and December 17,2019**

**Free Refreshments, Chat, Help, Advice, Info**

**Your local Boots Pharmacy team** are dedicated to providing our local community with expert professional advice. Remember that a trip to the GP isn't always necessary - Pharmacists and the pharmacy team are experts in medicines who can help you with minor health concerns including tummy troubles, coughs and colds, pain relief, hay fever, eye conditions and also provide healthy living advice. Drop by to find out more, and about some other services offered in-store or online for some conditions.

Seaside Co-op
We would like to thank **Seaside Co-op** who kindly support our Drop-Ins.

**PPG QUIZ** WHAT DO YOU KNOW ABOUT THIS GP PRACTICE?

1. How many GPs (including part-time) work here?
2. How many patients are registered at this Practice?
3. How many clinics are run here?
4. Which is the busiest day of the week at the Practice?
5. Do more men or more women see their GP?
6. How many patients just didn’t turn up for their appointment last year?
7. How many phone calls did doctors make to patients last year?
8. In 2019, are there more or less pre-book able appointments on-line than 2018?

***Answers can be found in the ‘interesting facts’ card at Reception.***

📦 POST YOUR ANSWERS IN OUR QUIZ BOX ON 11 or 12 JUNE 👍

***\*\*\*\*\*PRIZES FOR THE WINNERS \*\*\*\*\****

**CAN’T SHOW LET US KNOW**

WATCH FOR FURTHER INFORMATION ON THE FOLLOWING:

 MacMillan coffee morning: FLU SHOTS