Sovereign Practice PPG

Princes Park Health Centre

Wartling Road, Eastbourne, BN22 7PG





  **FEBRUARY 2020**

The **PPG** offer a **Help Point** for patients to find out about local services and agencies. We will be in the **Waiting Area** on the first Monday of **January, February, April, May, July, August,** **October and November.**

Our **quarterly Drop-Ins** are in **March, June, September and December,** in the **Waiting Area** and the **Meeting Room**. All further information will be posted on our notice board

**NOTICE**

**SOVEREIGN PRACTICE PATIENTS’ PARTICIPATION GROUP GIVE NOTICE OF**

**FORTHCOMING ANNUAL GENERAL MEETING**

**To be held at 10 am on Tuesday 10 March 2020**

***At Prince’s Park Health Centre***

**AGENDA**

 **Minutes of the last AGM meeting**

1. **Welcome and address by Chair**
2. **Amendment to Constitution**
3. **Election of Officers**
4. **Election of Group**
5. **Any Other Business**
6. **Date of next Full PPG Meeting – Tuesday 14 April 2020**
7. **Date of next AGM – Tuesday 09 March 2021**

***Patricia Palmer (Chair) January 2020***

**\*\*Please arrive by 09.45 for prompt start at 10.00\*\***

**MEETING OPEN TO ALL PATIENTS**

**East Sussex Fire & Rescue Service Free Fire Safety Advice**

East Sussex Fire and Rescue Service is committed to helping people stay safe in their homes. One of the ways we do this is by carrying out our free Home East Sussex Safety Visits by our specially trained advisors.

We can offer a wide range of advice around home safety, check smoke alarms, and discuss specialist equipment as appropriate.

Our home safety visits enable us to identify any existing risks and what can be done to reduce them. We will check if there are working smoke alarms in the home to provide the earliest possible warning of fire. **call us free on 0800 177 7069**

**SOCIAL PRESCRIBING AND YOU.**

**WHAT IS SOCIAL PRESCRIBING**? Social Prescribing is a means of enabling GPs and other frontline healthcare professionals to refer patients to a link worker -to provide them with a face to face conversation during which they can learn about the possibilities and design their own personalised solutions, i.e. 'co-produce' their 'social prescription' -so that people with social, emotional or practical needs are empowered to find solutions which will improve their health and wellbeing, often using services provided by the voluntary and community sector. It is an innovative and growing movement, with potential to reduce the financial burden on the NHS and particularly on primary care.

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| **COMMUNITY STUFF** |  |  |  |
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**Community Stuff** are busy celebrating!  **winning the Best Community Organisation category in Best of Sussex Awards in December**, they are now being featured for their work to **alleviate food poverty, in the Observer Food Magazine Feb19th.**

**Community Stuff**, a not for profit company formed 6 years ago by Eastbourne Residents Clare Hackney-Ring and Sue Morris, have been running great projects locally ever since.

Come and celebrate with them at their Friday Lunch Club, held every Friday at Seaside Community Hub 125 Seaside (to the left of the TA centre) Games and friendly chat from 11am, dinner at 12 midday.

Come and enjoy a delicious 2 course home cooked lunch for £4, and make some new friends locally!

You need to book a place on Wednesday for the Friday, ring or text Sue on 07576 847038. Come and feel a sense of Community again with Community Stuff!

**1683**

**MISSED APOINTMENTS**

**JAN – DEC 2019**

**Cost TO NHS £235,620.00**

**(ACCORDING TO NHS ENGLAND DATA)**

**CAN’T SHOW LET US KNOW**